



## **13 Days Kailash Manasarovar Overland Tour**

**Route: KTM – Kerung- Kailash – Kerung - KTM**

**Duration: 13 Days**

**Hotel: 3 Star Hotel in Available places and Guest House in Tibet Region**

**Group Size: 17-35 per group**

**Trip Note: This itinerary is based on Indian Passport in case of Foreign Passport other than Indian; they must reach at Kathmandu 3 working days prior to tour date start date for Visa Process and the extra day's accommodation is not included in this package**

### **Trip Overview**

Kailash Tour by Land Route from Kathmandu is 13 days tour to Holy Mount Kailash and Lake Manasarovar. Trishuli is starting point of Kailash visit and can undoubtedly reach from Kathmandu following 4 hours' drive. We have many settled departure dates and each individual can take profit by joining our Kailash Tour by Land route from Kathmandu.

### **Tour Package**

You are not going to miss any essential exercises even in this short outing. Custom work like Puja, Hawan in Manasarovar, Manasarovar Parikrama and Kailash Parikrama which are primary exercises are core attraction in this outing.

### **Highlights**

Biggest and famous Lake Manasarovar

3 days trekking around of mount Kailash by crossing 6714m Dolma La Pass

Exploration typical life style of nomad peoples and roof of the world

## **DETAIL ITINERARY**

### **DAY 01: ARRIVE IN KATHMANDU (1300 M) TRANSFER TO HOTEL AND OVERNIGHT**

Our representative will pick you up at the Tribhuvan International Airport and guide you to your hotel room. In the evening, you will be having a typical Nepali dinner with a brief about the tour. Overnight at hotel.

### **DAY 02: SIGHT SEEING IN KATHMANDU AND DRIVE TO TRISULI (4hrs). OVERNIGHT AT HOTEL**

We will visit the famous Hindu Temple of the Kathmandu Valley today. After breakfast, we will first get to Pashupatinath, Guheswori temple and then Jala Narayana, with lunch in between and Drive to Trishuli and overnight stay.

### **DAY 03: DRIVE FROM TRISULI TO KERUNG (6 HOURS, 149KM). OVERNIGHT AT GUEST HOUSE**

After breakfast, we will get on a 4wd jeep and start our drive through the black-topped road to get to the newly opened friendship bridge at the Nepal-Tibet border or the Rasuwagadhi-Kerung border. We will arrive at the 1st village of Tibet, Kerung in about 2 hours. Overnight at Guesthouse

### **DAY 04: DRIVE FROM KERUNG TO SAGA (5-6 HOURS, 4640M). OVERNIGHT AT GUEST HOUSE**

We will drive through the high hills on a comfortable black-topped road to get to the village of Saga. The path climbs up and down the passes of Thong La and La Lung before getting us comfortably to the village of Saga. Along the way, we will be able to see Lake Pikusto and the typical yak and sheep grazing technique of the Tibetan people. Overnight at Guesthouse.

### **DAY 05: ACCLIMATIZATION DAY AT SAGA OVERNIGHT AT GUEST HOUSE**

As the tour goes through the highest pass of the world at 5600 meters, we will need a day to get accustomed to the high altitude of the region which is why we will be staying in the same village today. We will spend the entire day with short hikes around the village. Overnight at Guest house

**DAY 06: DRIVE FROM SAGA TO LAKE MANSAROVAR (5-6 HOURS, 277KM, 4558M). OVERNIGHT AT GUEST HOUSE**

After an early breakfast, we will drive towards the highest fresh Water Lake in the world. The holy lake of Manasarovar lies at an altitude of 4558 meters with greenish-blue colour. It is believed that the lake was once a resting place of Lord Vishnu. It is surrounded by Mt. Kailash, Mt. Gurla -Mandala and the Lake Rakshastal. Lake Rakshastal is thought to be created by the evil King Ravan which is why the locals think that the water here is poisonous. Overnight at Guesthouse

**DAY 07: EXPLORATION DAY. DRIVE TO DARCHEN (1 HOUR, 40KM, 4575M). OVERNIGHT AT HOTEL**

Today, we will get into the colours of religion and explore the holy lake of Manasarovar. We will perform some rituals and then, get going to the village of Darchen. Along the way, we will be able to take a peek at the holy Mt. Kailash. Darchen was previously known as Lhara. The village is situated right in front of the sacred Mt. Kailash. Overnight at Hotel.

**DAY 08: KAILASH KORA. DRIVE FROM DARCHEN TO YAMADWAR AND TREK TO DERAPUK (5-6 HOURS, 4900M). OVERNIGHT AT GUEST HOUSE**

We will drive to the small settlement of Tarboche. Tarboche is the starting point of the Kailash Kora. Yamadwar, the gateway of the god of death, is located in Tarboche. From here, we will walk a few hours to arrive at the village of Derapuk situated in front of the north face of Mt. Kailash. Today, we will be able to see the beautiful views of the Gurla-Mandala, Ape, Kamet and other high peaks. Overnight at Derapuk

**DAY 09: KAILASH KORA. TREK TO ZUTHULPHUK VIA DROLMA LA PASS (8-9 HOURS, 19KM, 4760M). OVERNIGHT AT GUEST HOUSE**

Today is the longest and hardest trek day of the Kailash Kora. We will walk up the highest pass of Dolma La to arrive at the village of Zuthulphuk. First, we will be heading to the village of Jarok Don hang. From there, we will hike towards the Shiva-tsal. In Shiva-tsal, people are thought to undergo a symbolic death just for a rebirth again. We will rest here for some time and then, descent steeply to get to the banks of the Lham-chu Khir River. We will follow the river and get to the Khando Sangam La facing the eastern side of Mt. Kailash. Sometime after that, we will be at the village of Zuthulphuk. The place got its name from the famous cave of Zuthulphuk or the miracle cave. Along the way, we will be able to view the Buddha's footprints. Overnight at Zuthulphuk.

**DAY 10: KAILASH KORA. DRIVE BACK ZUTHULPHUK TO SAGA. OVERNIGHT AT GUEST HOUSE**

During the morning, we will be exploring the caves and temples around the Milarepa cave. After breakfast, we will hike some 3-4 hours to complete our Kora and get back to the village of Darchen. We will have lunch there, and drive back to the village of Saga. Overnight at teahouse.

**DAY 11: DRIVE BACK TO KERUNG. OVERNIGHT AT GUEST HOUSE**

We will drive back to the village of Kerung on a comfortable ride. We will have some free time as we descent on a paved path. We will spend the rest of the time relaxing. Overnight at tea house

**DAY 12: DRIVE BACK TO KATHMANDU. OVERNIGHT AT HOTEL**

Today, we will cross the Nepal-Tibet border and get back to the capital city of Kathmandu. Overnight at hotel

**DAY 13: FINAL DEPARTURE TO HOME**

Our representative will take you to the international airport of Nepal for your departure

**\*Kora is a Tibetan word which means Circumambulation (Pradakshina or Parikrama) of Mt.Kailash**

**\*B,L,D means Breakfast, Lunch & Dinner**

**Terms & Conditions:-**

Advance of Rs.30,000 /- (non-refundable) for Indians and Rs.50,000 for NRI's

**Balance Amount:-**

1. Through Cheque / DD / NEFT / RTGS GST 5% Applicable
  - a. 45days before from the date of departure.
2. Passport to be submitted 1 month before departure.

**Mode of Payment:**

DD / Cheque has to be drawn in favour of “Sankara Yatra” payable at Bangalore.

You can also deposit cash or make online / NEFT payment in favour of

Bank Name	Corporation Bank
Name :	SANKARA YATRA
A/C No.	510101005483884
Branch,	RMV Extension
IFSC CODE	CORP0000582
Swift Code	CORPINBB763

OR

Bank Name	State Bank of India
Name :	SANKARA YATRA
A/C No.	67273178983
Branch,	RMV Dollar Colony
IFSC CODE	SBIN0009042
Swift Code	SBININBB425